



Family, Fun & Fitness Too!
Sudbury Fitness Challenge Mountain Bike Tour 2017
Naughton Trail Centre
Sunday, July 23, 2016

Come on out and participate in a fun event on the Naughton Trails!

Plate Pick Up: Race Day - 7:30 am to 9:30 am, closing 30 minutes before the event

Events - Mass Start in Waves :

Kids: 350 m (8 and under) - 9:00 am start
700 m (10 and under) - 9:15 am start

Recreational: 5 km, 10 km (2 laps) and 20 km (4 laps) Individual - 10 am start
4 x 5 km Four Person Relay - 10 am start
4 x 5 km Four Person Corporate Relay - 10 am start

Advanced: 3 x 6.5 km - 10 am start

HELMETS ARE MANDATORY FOR ALL PARTICIPANTS

	Early Entry Fees Before Jul 22 8:00pm	Event Day Registration
Children (15 years and under)	\$10	\$15
Adults	\$25	\$30
Family (2 adults + umpteen youth living in the same household)	\$60	\$75

Draw Prizes for those who register before midnight on Friday, July 21

For more information, visit <http://waldenmbc.ca/>. Riders can also register on-line at Zone4.

First Name: _____ Last Name: _____ Circle Gender: M F

Address: _____ Birth Date: _____ (DD/MM/YYYY)

City: _____ Postal Code: _____ Phone: _____ Age: _____

Circle Race: 350 m (8 & Under) 750m 5 km (10 & Under) 10 km 20 km 4 x 5km Team Relay 4 x 5km Corp Relay Advanced 3x6.5km

Amount Paid: _____ Parent who paid if registering as a Family: _____ Team Name: _____

Mail with Cheque to: Walden Mountain Bike Club
 c/o Rusty Hopper
 21 Field Street
 Livelv. ON P3Y 1A9



Release of Liability and Assumptions of Risk Agreement - WARNING! PLEASE READ CAREFULLY!

I _____, in consideration of being allowed to participate in any way in related events and activities hosted by The Walden Mountain Bike Club and sponsored by the City of Greater Sudbury, I acknowledge, appreciate and agree that:

1. The risk of injury from the activity involved in this event is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my/our participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If however, I observe any unusual significant hazard during my/our presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS the Walden Mountain Bike Club and the City of Greater Sudbury, their officers, officials, agents and/or employees, volunteers, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.
5. I give full permission for the use of my and/or my minor child's name, photograph, electronic and video image by the Walden Mountain Bike Club and the City of Greater Sudbury, their officers, officials, agents and/or employees, volunteers, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event, to recognize my participation in, and promote the Walden Mountain Bike Club and the Sudbury Fitness Challenge Events.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTIONS OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

X _____ Date Signed: _____
(Participants Signature)

X _____
(Witness)

FOR PARTICIPANTS OF MINORITY AGE (Under Age 18 at Time of Participation)

This is to certify that I, as a parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and for myself, my heirs, assigns, and next of kin, I release and agree to indemnify the Releasees from any and all liabilities incident to my minor child's involvement or participation in the event as provided above.

X _____ Emergency Phone #(s) _____
(Parent/Guardian's Signature)

X _____ Date Signed: _____
(Witness)

Notice of Collection

Personal information on this form is collected under the authority of section 10 the Municipal Act, 2001, S.O. 2001, c.25 and will be used to enrol the participant in the City of Greater Sudbury's event. Questions about the collection of your information may be directed to Leisure Services at P.O. Box 5000, Station A 200 Brady Street, Sudbury, ON P3A 5P3 or by calling 311 and asking for the Leisure Services Department.